# About ECO:

of law enforcement & our community partners to assist with Substance Use Disorders, Alcohol Use Disorders, and Mental Health matters. We also work closely with youth and veteran services for a more specific follow-up.

ECO assists are partners to provide outreach with our Recovery Coaches that have lived experience (ideally within 72 hours post incident) to discuss options with the individual and/or family members.

You can call or email to be connected with a Recovery Coach (see bios on ECO website). We also assist with sober living scholarships and transportation to treatment, court, and relevant doctor's appointment.

If you or a loved one is looking for assistance from ECO, you can do so by contacting us through our website at:

www.essexcountyoutreach.com or Facebook page @essexcountyoutreach or at: 978-961-7388

### ADDITIONAL RESOURCES:

SAMHSA's National Helpline: 1-800-662-HELP (4357)

TTY: 1-800-487-4889 samhsa.gov/find-help/nationalhelpline

MA Organization for Addiction Recovery (MOAR) 1-877-423-6627 www.moar-recovery.org

Non-emergency advice & referrals: Mass211.org or text 211 or call 877-211-6277

National Suicide Prevention Hotline:

800-273-TALK (8255) or TEXT 988

Samaritans: 877-870-HOPE (4673)

Problem Gambling:

MA: 800-327-5050 National: 800-GAMBLER for family: www.gam-anon.org

MassHealth Customer Service: 800-841-2900

National Sexual Assault Hotline: 800-656-HOPE



Awareness + Prevention +
Treatment

Find us at: www.essexcountyoutreach.com Facebook: @EssexCountyOutreach Call: 978-961-7388





## Behavioral Health Resources



For up-to-date listings on open detox beds, visit: www.marsi.org (MA Addiction Recovery, Inc.)

Massachusetts Substance Use Helpline: 800-327-5050 or www.helplineMA.org

Children and Teen Center for Help CATCH (ages 5-18 out-patient program for SUDs, BH, & other needs)

Amesbury: 978-545-4004

Children's Friend & Family Services (wraparound services for youth and family)

Lawrence: **781-825-3859** Lynn: **781-825-3986** Gloucester: **978-283-7198** Salem: **978-744-7905** 

Danvers Treatment Center/Lahey (In/Outpatient programs)

Danvers: 978-777-2121

Eliot Center (Outpatient, therapies, youth & family services)

Lynn: 781-581-4402 Danvers: 978-619-6850

MA General Brigham/Salem Hospital (MOUD, outpatient, dual diagnosis, therapy, coaches)

Salem: 978-825-6220

NFI (dual-diagnosis, in/outpatient, residential treatment)

Danvers: 978-538-0286 Haverhill: 978-373-1181

Pettengill House (case management, SUDs & BH outreach & support) upper Essex County area Amesbury: 978-463-8801

Veterans Outreach Center (variety of programs for vet assistance) Haverhill 978-372-3626

Veterans Crisis line: Dial 988 then press 1 www.veteranscrisisline.net

Follow on Facebook: @Essex County Outreach

#### Find treatment facility near you:

www.findtreatment.samhsa.gov www.mabhaccess.com for youth

ELIOT Urgent Care Hotline: 888-769-5201

ELIOT (CBHC): 888-769-5201 for Northshore or 800-988-1111 for Lynn/Salem/Saugus area

Lahey emergency crisis support: 877-255-1261

Lahey NE Behavioral Health: 978-777-2121

Lawrence (CBHC):978-620-1250 for Lawrence, Methuen, Andover, & N. Andover residents

MA Behavioral Health Hotline: call or text 833-773-2445 www.masshelpline.com

MA DMH: 877-382-1609 for 24/7 help if you or family member experiencing a SUDs or MH crisis

NAMI (National Alliance on Mental Illness): Helpline: 800-950-6264 or MA: 617-580-8541 for peer or family support

Team Fourteen (BILH) for age 14-18 and their families. Referrals: 978-867-7137

## For list of local meetings:

Download Meeting Guide app (AA) or NA Meeting Search (NA) on phone

24/7 Helpline: 800-839-1686 (AA) www.aa.org

24/7 Helpline: 888-414-2036 (NA) www.na.org

#### Resources for Family:

Al-Anon/Alateen www.alanonma.org

GRASP (Grief Recovery After a Substance Passing) www.grasphelp.org

Learn to Cope: 508-738-5148 or www.learn2cope.org

NAMI: www.namimass.org/nami-familysupport-groups

> SADOD (Support After Death by Overdose): www.sadod.org

#### **Harm Reduction Services:**

Greater Lawrence Family Health Center (BH & SUDs counseling, Outreach, SSP, Narcan, etc.)

Methuen and Haverhill locations

978-686-0090

Healthy Streets (Outreach, Needle Exchange, Narcan and other supplies kits)

339-440-5633

One-Stop Center (Outreach, Needle Exchange, Testing, Overdose Prevention) 978-381-3170

Never Use Alone: 877-696-1996 trained caller on line with individual to send help if needed or call: SafeSpot: 800-972-0590

Centers for Disease Control & Prevention www.cdc.gov/drugoverdose

www.essexcountyoutreach.com for a more extensive list and translations